

July 4, 2023

## Tofte Trek 10 Km Wilderness Run/Walk

## Overall Results for - MALES - 10 Kilometer Race

| Place | Bib#  | Name                  | City / State         | Age/Group  | Net Time  | Time Back | Pace     |
|-------|-------|-----------------------|----------------------|------------|-----------|-----------|----------|
| 1     | = 491 | - Duede, Dave         | - Eagan, MN          | Ages 40-49 | 0:38:33.0 | 00:00     | 06:12/Mi |
| 2     | = 456 | - Chmelik, Joey       | - Grand Marais, MN   | Ages 19-29 | 0:38:57.4 | 00:24     | 06:16/Mi |
| 3     | = 485 | - Kjorstad, Tyler     | - Laramie, WY        | Ages 30-39 | 0:39:37.7 | 01:04     | 06:22/Mi |
| 4     | = 477 | - Wartman, Jacob      | - Duluth, MN         | Ages 30-39 | 0:39:54.3 | 01:21     | 06:25/Mi |
| 5     | = 482 | - ODonnell-Hoff, Sam  | - Duluth, MN         | Ages 19-29 | 0:41:37.9 | 03:04     | 06:41/Mi |
| 6     | = 484 | - Nutinbakk, Holden   | - Duluth, MN         | Ages 40-49 | 0:41:52.6 | 03:19     | 06:44/Mi |
| 7     | = 398 | - Stenoien, Carl      | - Saint Paul, MN     | Ages 30-39 | 0:43:34.7 | 05:01     | 07:00/Mi |
| 8     | = 382 | - Brown, Jacob        | - Duluth, MN         | Ages 30-39 | 0:43:49.7 | 05:16     | 07:03/Mi |
| 9     | = 508 | - Josephson, Eric     | - Eagan, MN          | Ages 19-29 | 0:45:20.7 | 06:47     | 07:17/Mi |
| 10    | = 461 | - Patterson, Eric     | - Duluth, MN         | Ages 19-29 | 0:45:30.8 | 06:57     | 07:19/Mi |
| 11    | = 413 | - Keeley, Hunter      | - Tacoma, WA         | Ages 19-29 | 0:47:02.4 | 08:29     | 07:34/Mi |
| 12    | = 487 | - Wiitala, Erik       | - St. Michael, MN    | Ages 40-49 | 0:47:08.6 | 08:35     | 07:35/Mi |
| 13    | = 412 | - Keeley, Liam        | - Tacoma, WA         | Ages 19-29 | 0:47:13.4 | 08:40     | 07:35/Mi |
| 14    | = 449 | - Pearberg, Zach      | - Minneapolis, MN    | Ages 30-39 | 0:47:15.1 | 08:42     | 07:36/Mi |
| 15    | = 455 | - Helin, Sam          | - Peninsula, OH      | Ages < 19  | 0:50:20.9 | 11:47     | 08:06/Mi |
| 16    | = 421 | - Nelson, Aulis       | - Grand Marais, MN   | Ages < 19  | 0:51:24.3 | 12:51     | 08:16/Mi |
| 17    | = 507 | - Trumper, Matthew    | - St. Paul, MN       | Ages 19-29 | 0:51:34.5 | 13:01     | 08:17/Mi |
| 18    | = 471 | - Carlen, James       | - Saint Paul, MN     | Ages 50-59 | 0:53:19.6 | 14:46     | 08:34/Mi |
| 19    | = 460 | - Lembke, Ryan        | - Chaska, MN         | Ages 19-29 | 0:56:55.2 | 18:22     | 09:09/Mi |
| 20    | = 462 | - Lembke, Lucas       | - Chaska, MN         | Ages 19-29 | 0:57:08.6 | 18:35     | 09:11/Mi |
| 21    | = 463 | - Kerfeld, Doug       | - Hermantown, MN     | Ages 30-39 | 0:57:12.6 | 18:39     | 09:12/Mi |
| 22    | = 378 | - Tushar, Tony        | - St Anthony Vlg, MN | Ages 30-39 | 0:57:25.9 | 18:52     | 09:14/Mi |
| 23    | = 424 | - Patterson, Darrell  | - Duluth, MN         | Ages 60-69 | 0:58:21.9 | 19:48     | 09:23/Mi |
| 24    | = 428 | - McGraw, Preston     | - Sartell, MN        | Ages 19-29 | 0:58:40.5 | 20:07     | 09:26/Mi |
| 25    | = 423 | - Taylor, Haddon      | - Lutsen, MN         | Ages < 19  | 0:59:31.2 | 20:58     | 09:34/Mi |
| 26    | = 411 | - Welly, Jasper       | - Tacoma, WA         | Ages 19-29 | 1:00:23.6 | 21:50     | 09:43/Mi |
| 27    | = 431 | - Moody, Eero         | - Grand Marais, MN   | Ages < 19  | 1:00:27.8 | 21:54     | 09:43/Mi |
| 28    | = 430 | - Moody, Anton        | - Grand Marais, MN   | Ages 40-49 | 1:00:46.2 | 22:13     | 09:46/Mi |
| 29    | = 372 | - Worby, Christian    | - Andover, MN        | Ages 40-49 | 1:00:55.6 | 22:22     | 09:48/Mi |
| 30    | = 390 | - Cook, Myles         | - Grand Marais, MN   | Ages 19-29 | 1:01:38.6 | 23:05     | 09:55/Mi |
| 31    | = 435 | - Joriman, Josh       | - Buffalo, MN        | Ages 30-39 | 1:01:54.2 | 23:21     | 09:57/Mi |
| 32    | = 464 | - Benson, Dane        | - Duluth, MN         | Ages 40-49 | 1:03:20.9 | 24:47     | 10:11/Mi |
| 33    | = 384 | - OBrien, Chris       | - Grand Marais, MN   | Ages 60-69 | 1:03:35.0 | 25:02     | 10:13/Mi |
| 34    | = 498 | - Hennessy, Mark      | - Grand Marais, MN   | Ages 60-69 | 1:04:57.1 | 26:24     | 10:27/Mi |
| 35    | = 427 | - Klinker, David      | - Two Harbors, MN    | Ages 19-29 | 1:05:20.4 | 26:47     | 10:30/Mi |
| 36    | = 475 | - Ryan, Jonathan      | - St. Paul, MN       | Ages 30-39 | 1:08:05.1 | 29:32     | 10:57/Mi |
| 37    | = 414 | - Driscoll, John Saul | - Tacoma, WA         | Ages < 19  | 1:08:22.9 | 29:49     | 11:00/Mi |
| 38    | = 415 | - Driscoll, Bill      | - Tacoma, WA         | Ages 60-69 | 1:08:24.6 | 29:51     | 11:00/Mi |
| 39    | = 490 | - Porter, Scott       | - Minneapolis, MN    | Ages 30-39 | 1:09:08.9 | 30:35     | 11:07/Mi |

| Place | Bib#  | Name                    | City / State          | Age/Group  | Net Time  | Time Back | Pace     |
|-------|-------|-------------------------|-----------------------|------------|-----------|-----------|----------|
| 40    | = 494 | - Baxter, Henry         | - Isanti, MN          | Ages 19-29 | 1:11:21.2 | 32:48     | 11:28/Mi |
| 41    | = 457 | - Koch, Dennis          | - Mentor, MN          | Ages 70 +  | 1:11:25.8 | 32:52     | 11:29/Mi |
| 42    | = 403 | - Kirk, Gunnar          | - Chicago, IL         | Ages < 19  | 1:11:57.1 | 33:24     | 11:34/Mi |
| 43    | = 500 | - Stapleton, Chris      | - Saint Paul, MN      | Ages 40-49 | 1:11:57.8 | 33:24     | 11:34/Mi |
| 44    | = 472 | - Simonowicz, Bill      | - Grand Marais, MN    | Ages 60-69 | 1:12:07.6 | 33:34     | 11:36/Mi |
| 45    | = 493 | - Chelledurai, Abe      | - St. Peter, MN       | Ages 50-59 | 1:12:15.0 | 33:42     | 11:37/Mi |
| 46    | = 468 | - Olson, Lars           | - Minneapolis, MN     | Ages 50-59 | 1:12:28.4 | 33:55     | 11:39/Mi |
| 47    | = 497 | - Schwab, Carl          | - Wayzata, Mn         | Ages 40-49 | 1:12:57.8 | 34:24     | 11:44/Mi |
| 48    | = 470 | - Carlen, Peter         | - Saint Paul, MN      | Ages 19-29 | 1:12:59.2 | 34:26     | 11:44/Mi |
| 49    | = 379 | - Wright, Gregory       | - Grand Marais, MN    | Ages 60-69 | 1:13:01.7 | 34:28     | 11:45/Mi |
| 50    | = 495 | - Baxter, Aden          | - White Bear Lake, Mn | Ages 19-29 | 1:13:14.9 | 34:41     | 11:47/Mi |
| 51    | = 386 | - Herman, Michael       | - Tofte, MN           | Ages 60-69 | 1:13:47.4 | 35:14     | 11:52/Mi |
| 52    | = 474 | - Walters, Jesse        | - Little Marais, MN   | Ages 40-49 | 1:16:00.9 | 37:27     | 12:13/Mi |
| 53    | = 444 | - LeCocq, Jade          | - Duluth, MN          | Ages 30-39 | 1:20:45.9 | 42:12     | 12:59/Mi |
| 54    | = 453 | - Haines, Ethan         | - Willmar, Mn         | Ages 19-29 | 1:22:52.3 | 44:19     | 13:20/Mi |
| 55    | = 451 | - Ruchie, Mark          | - Edina, MN           | Ages 60-69 | 1:22:53.9 | 44:20     | 13:20/Mi |
| 56    | = 499 | - Holmes, Jeff          | - Bloomington, MN     | Ages 40-49 | 1:24:06.6 | 45:33     | 13:32/Mi |
| 57    | = 502 | - Holmes, Randy         | - Prior Lake, MN      | Ages 70 +  | 1:24:10.1 | 45:37     | 13:32/Mi |
| 58    | = 418 | - Frost, Eric           | - Tofte, MN           | Ages 40-49 | 1:27:27.7 | 48:54     | 14:04/Mi |
| 59    | = 513 | - Perez, Rob            | - Mound, MN           | Ages 50-59 | 1:27:38.1 | 49:05     | 14:06/Mi |
| 60    | = 376 | - McGrath, Timothy      | - Overland Park, KS   | Ages 60-69 | 1:30:57.4 | 52:24     | 14:38/Mi |
| 61    | = 459 | - Dean, Andrew          | - Rochester, Mn       | Ages 30-39 | 1:35:57.3 | 57:24     | 15:26/Mi |
| 62    | = 445 | - Granlund, Gregory     | - Eau Claire, WI      | Ages 60-69 | 1:38:49.0 | 60:16     | 15:54/Mi |
| 63    | = 374 | - Tofte, Jon            | - Duluth, MN          | Ages 70 +  | 1:51:56.3 | 73:23     | 18:00/Mi |
|       | 371   | - Thompson, Christopher | - Saint Paul, MN      | DNS        |           |           |          |
|       | 391   | - Kohut-Jackson, Noah   | - Lutsen, MN          | DNS        |           |           |          |

'DNS' = DID NOT START \*\*\*\* 'DNF' = DID NOT FINISH \*\*\*\* 'DISQ' = DISQUALIFIED

July 4, 2023

## Tofte Trek 10 Km Wilderness Run/Walk

## Overall Results for - FEMALES - 10 Kilometer Race

| Place | Bib#  | Name                    | City / State       | Age/Group  | Net Time  | Time Back | Pace     |
|-------|-------|-------------------------|--------------------|------------|-----------|-----------|----------|
| 1     | = 481 | - Helmer, Maj-Lis       | - Duluth, MN       | Ages 19-29 | 0:44:56.9 | 00:00     | 07:14/Mi |
| 2     | = 509 | - Gudeman, Keren        | - Minneapolis, MN  | Ages 40-49 | 0:52:26.6 | 07:29     | 08:26/Mi |
| 3     | = 392 | - Stenoien, Karen       | - Saint Paul, MN   | Ages 30-39 | 0:53:47.7 | 08:50     | 08:39/Mi |
| 4     | = 389 | - Hay, Anna             | - Grand Marais, MN | Ages 19-29 | 0:57:32.2 | 12:35     | 09:15/Mi |
| 5     | = 397 | - Geatz , Sierra        | - Silver Bay, MN   | Ages < 19  | 0:57:33.2 | 12:36     | 09:15/Mi |
| 6     | = 433 | - Andrus, Rachel        | - Lutsen, MN       | Ages 40-49 | 0:57:35.0 | 12:38     | 09:16/Mi |
| 7     | = 440 | - Thompson, Michelle    | - Burnsville, MN   | Ages 40-49 | 0:57:39.9 | 12:43     | 09:16/Mi |
| 8     | = 395 | - Hawsen, Kelly         | - Grand Marais, MN | Ages 30-39 | 1:00:49.5 | 15:52     | 09:47/Mi |
| 9     | = 446 | - Bailey, Kaira         | - Duluth, MN       | Ages 19-29 | 1:01:21.5 | 16:24     | 09:52/Mi |
| 10    | = 492 | - Monson, Brianna       | - Grand Marais, MN | Ages < 19  | 1:01:24.1 | 16:27     | 09:52/Mi |
| 11    | = 426 | - Klinker, Sara         | - Two Harbors, MN  | Ages 19-29 | 1:01:41.6 | 16:44     | 09:55/Mi |
| 12    | = 488 | - Wiitala, Lynn         | - Tofte, MN        | Ages 60-69 | 1:01:45.3 | 16:48     | 09:56/Mi |
| 13    | = 434 | - Joriman, Rachelle     | - Buffalo, MN      | Ages 30-39 | 1:01:52.6 | 16:55     | 09:57/Mi |
| 14    | = 373 | - Tofte, Alena          | - Duluth, MN       | Ages 30-39 | 1:02:54.5 | 17:57     | 10:07/Mi |
| 15    | = 381 | - Wright, Jeanne        | - Grand Marais, MN | Ages 50-59 | 1:03:30.0 | 18:33     | 10:13/Mi |
| 16    | = 387 | - Vick, Solveig         | - Tofte, MN        | Ages 30-39 | 1:03:33.0 | 18:36     | 10:13/Mi |
| 17    | = 405 | - Dix, Kaylan           | - Grand Marais, MN | Ages 40-49 | 1:03:45.2 | 18:48     | 10:15/Mi |
| 18    | = 469 | - Carlen, Patty         | - Saint Paul, MN   | Ages 50-59 | 1:04:14.4 | 19:17     | 10:20/Mi |
| 19    | = 510 | - Zuearke, Ellie        | - St. Paul, MN     | Ages 40-49 | 1:05:37.9 | 20:41     | 10:33/Mi |
| 20    | = 476 | - Taylor, Sara          | - Lutsen, MN       | Ages 50-59 | 1:05:42.9 | 20:46     | 10:34/Mi |
| 21    | = 501 | - Holder, Kelsey        | - Chaska, MN       | Ages 30-39 | 1:08:16.4 | 23:19     | 10:59/Mi |
| 22    | = 467 | - Walters, Carrie       | - Silver Bay, MN   | Ages 40-49 | 1:09:23.1 | 24:26     | 11:09/Mi |
| 23    | = 511 | - Kratt-Haugen, Jillian | - Lutsen, MN       | Ages 30-39 | 1:11:40.1 | 26:43     | 11:32/Mi |
| 24    | = 420 | - Ramberg, Louise       | - Grand Marais, MN | Ages 19-29 | 1:13:20.1 | 28:23     | 11:48/Mi |
| 25    | = 400 | - Callender, Ellen      | - Grand Marais, MN | Ages 19-29 | 1:13:20.7 | 28:23     | 11:48/Mi |
| 26    | = 399 | - Garry, Elsa           | - Grand Marais, MN | Ages 19-29 | 1:13:24.9 | 28:27     | 11:48/Mi |
| 27    | = 385 | - Herman, Maggie        | - Tofte, MN        | Ages 60-69 | 1:13:45.6 | 28:48     | 11:52/Mi |
| 28    | = 432 | - Lindstrom, Sophia     | - Grand Marais, MN | Ages < 19  | 1:16:20.9 | 31:23     | 12:17/Mi |
| 29    | = 408 | - Woerheide, Siena      | - Lutsen, MN       | Ages < 19  | 1:16:22.2 | 31:25     | 12:17/Mi |
| 30    | = 406 | - Dix, Anni             | - Grand Marais, MN | Ages < 19  | 1:16:25.0 | 31:28     | 12:17/Mi |
| 31    | = 443 | - LeCocq, Danielle      | - Duluth, MN       | Ages 19-29 | 1:16:37.4 | 31:40     | 12:19/Mi |
| 32    | = 436 | - Chmelik, Cecelia      | - Grand Marais, MN | Ages 19-29 | 1:16:42.1 | 31:45     | 12:20/Mi |
| 33    | = 393 | - Mundell, Ezme         | - Lutsen, MN       | Ages < 19  | 1:17:53.9 | 32:56     | 12:32/Mi |
| 34    | = 478 | - Porter, Rebecca       | - Denver, CO       | Ages 30-39 | 1:18:46.6 | 33:49     | 12:40/Mi |
| 35    | = 496 | - Baxter, Sadie         | - Isanti, MN       | Ages 19-29 | 1:18:57.8 | 34:00     | 12:42/Mi |
| 36    | = 504 | - Stapleton, Kristin    | - Saint Paul, MN   | Ages 40-49 | 1:19:02.0 | 34:05     | 12:43/Mi |
| 37    | = 394 | - Mundell, Anne         | - Lutsen, MN       | Ages 40-49 | 1:20:59.5 | 36:02     | 13:02/Mi |
| 38    | = 512 | - ONeill, Molly         | - Lutsen, MN       | Ages 30-39 | 1:21:14.1 | 36:17     | 13:04/Mi |
| 39    | = 503 | - Holmes, Janelle       | - Bloomington, MN  | Ages 40-49 | 1:24:08.4 | 39:11     | 13:32/Mi |

| Place | Bib#  | Name                   | City / State        | Age/Group  | Net Time  | Time Back | Pace     |
|-------|-------|------------------------|---------------------|------------|-----------|-----------|----------|
| 40    | = 417 | - Frost, Jessa         | - Tofte, MN         | Ages 40-49 | 1:27:29.5 | 42:32     | 14:04/Mi |
| 41    | = 514 | - Andersen, Ellette    | - Mound, MN         | Ages 40-49 | 1:27:36.5 | 42:39     | 14:05/Mi |
| 42    | = 465 | - Walters, Sara        | - Rochester, MN     | Ages 30-39 | 1:27:54.1 | 42:57     | 14:08/Mi |
| 43    | = 377 | - McGrath, Megan       | - Overland Park, KS | Ages 50-59 | 1:34:50.7 | 49:53     | 15:15/Mi |
| 44    | = 458 | - Dean, Amelia         | - Rochester, Mn     | Ages < 19  | 1:35:58.7 | 51:01     | 15:26/Mi |
| 45    | = 407 | - Woerheide, Krishna   | - Lutsen, MN        | Ages 50-59 | 1:37:13.6 | 52:16     | 15:38/Mi |
| 46    | = 486 | - Sims, Karen          | - Lauderdale, MN    | Ages 60-69 | 1:37:40.5 | 52:43     | 15:43/Mi |
| 47    | = 383 | - Christenson, Crystal | - Tofte, MN         | Ages 40-49 | 1:38:19.7 | 53:22     | 15:49/Mi |
| 48    | = 375 | - Nevers, MaryBeth     | - Duluth, MN        | Ages 70 +  | 1:51:56.3 | 66:59     | 18:00/Mi |
|       | 380   | - Wright, Olya         | - Grand Marais, MN  | DNS        |           |           |          |
|       | 396   | - Hawsen, Ruby         | - Grand Marais, MN  | DNF        |           |           |          |
|       | 422   | - Leask, Ingrid        | - Buffalo, MN       | DNS        |           |           |          |

'DNS' = DID NOT START \*\*\*\* 'DNF' = DID NOT FINISH \*\*\*\* 'DISQ' = DISQUALIFIED

July 4, 2023

## Tofte Trek 10 Km Wilderness Run/Walk

## Overall Results for - MALES - 10 Kilometer Race Walk

| Place | Bib#  | Name                  | City / State          | Age/Group  | Net Time  | Time Back | Pace     |
|-------|-------|-----------------------|-----------------------|------------|-----------|-----------|----------|
| 1     | = 429 | - McGraw, Elijah      | - Sartell, MN         | Ages < 19  | 1:19:00.7 | 00:00     | 12:42/Mi |
| 2     | = 388 | - Prokop, Andrew      | - Saint Paul, MN      | Ages 60-69 | 1:25:00.4 | 05:59     | 13:40/Mi |
| 3     | = 416 | - Loew-Blosser, Will  | - Grand Marais, MN    | Ages 70 +  | 1:25:56.0 | 06:55     | 13:49/Mi |
| 4     | = 442 | - Ziegler, Noah       | - Wilmington, DE      | Ages 19-29 | 1:32:59.9 | 13:59     | 14:57/Mi |
| 5     | = 441 | - Bartholomew, Joseph | - Canfield, OH        | Ages 19-29 | 1:33:01.0 | 14:00     | 14:58/Mi |
| 6     | = 419 | - Burlingame, Loren   | - Richfield, MN       | Ages 40-49 | 1:33:16.2 | 14:15     | 15:00/Mi |
| 7     | = 450 | - Wellman, Tim        | - Tofte, MN           | Ages 60-69 | 1:33:18.4 | 14:17     | 15:00/Mi |
| 8     | = 448 | - Halvorson, Jay      | - Lutsen, MN          | Ages 60-69 | 1:33:40.0 | 14:39     | 15:04/Mi |
| 9     | = 480 | - Haider, Bill        | - Mendota Heights, MN | Ages 60-69 | 1:38:40.2 | 19:39     | 15:52/Mi |
| 10    | = 404 | - Powers, Braidy      | - Grand Marais, MN    | Ages 60-69 | 1:43:35.5 | 24:34     | 16:40/Mi |
| 11    | = 439 | - Gutierrez, Daniel   | - Grand Marais, MN    | Ages 19-29 | 1:49:31.1 | 30:30     | 17:37/Mi |

'DNS' = DID NOT START \*\*\*\* 'DNF' = DID NOT FINISH \*\*\*\* 'DISQ' = DISQUALIFIED

July 4, 2023

## Tofte Trek 10 Km Wilderness Run/Walk

## Overall Results for - FEMALES - 10 Kilometer Race Walk

| Place | Bib#  | Name                | City / State          | Age/Group  | Net Time  | Time Back | Pace     |
|-------|-------|---------------------|-----------------------|------------|-----------|-----------|----------|
| 1     | = 466 | - Andersen, Ellen   | - Tofte, MN           | Ages 40-49 | 1:13:47.5 | 00:00     | 11:52/Mi |
| 2     | = 505 | - Nelson, Megan     | - Minneapolis, MN     | Ages 30-39 | 1:26:59.4 | 13:11     | 13:59/Mi |
| 3     | = 473 | - Wessner, Amy      | - Mountain View, CT   | Ages 40-49 | 1:35:27.9 | 21:40     | 15:21/Mi |
| 4     | = 479 | - Haider, Janel     | - Mendota Heights, MN | Ages 60-69 | 1:38:42.3 | 24:54     | 15:53/Mi |
| 5     | = 402 | - Kirk, Delaney     | - Chicago, IL         | Ages < 19  | 1:40:22.5 | 26:35     | 16:09/Mi |
| 6     | = 401 | - Kirk, Elizabeth   | - Chicago, IL         | Ages 50-59 | 1:40:25.0 | 26:37     | 16:09/Mi |
| 7     | = 410 | - Hlavka, Elizabeth | - Tacoma, WA          | Ages 50-59 | 1:40:26.0 | 26:38     | 16:09/Mi |
| 8     | = 483 | - Hiatt, Amelia     | - Denver, CO          | Ages 30-39 | 1:43:45.8 | 29:58     | 16:41/Mi |
| 9     | = 438 | - Prom, Abigail     | - Grand Marais, MN    | Ages 19-29 | 1:49:29.2 | 35:41     | 17:37/Mi |
| 10    | = 437 | - Prom, Susan       | - Grand Marais, MN    | Ages 50-59 | 1:49:32.7 | 35:45     | 17:37/Mi |
| 11    | = 489 | - Skildun, Carmen   | - Grand Marais, MN    | Ages 30-39 | 1:49:34.5 | 35:47     | 17:38/Mi |
| 12    | = 425 | - Paquette, Tessa   | - Tofte, MN           | Ages 19-29 | 1:49:35.1 | 35:47     | 17:38/Mi |
| 13    | = 506 | - Tavares, Nikita   | - St. Paul, MN        | Ages 19-29 | 1:50:50.6 | 37:03     | 17:50/Mi |
| 14    | = 454 | - Haines, Dona      | - Willmar, Mn         | Ages 50-59 | 1:50:52.6 | 37:05     | 17:50/Mi |
|       | 409   | - Hoffman, Lisa     | - Tacoma, WA          | DNS        |           |           |          |
|       | 452   | - Ruchie, Elvy      | - Edina, MN           | DNF        |           |           |          |

'DNS' = DID NOT START \*\*\*\* 'DNF' = DID NOT FINISH \*\*\*\* 'DISQ' = DISQUALIFIED

## Male Classes by Age Groups

## Results for - MALE (AGES 18 &amp; UNDER) - 10 Kilometer Race

| Place | Bib#  | Name                | City             | Age | Net Time  | Back  | Pace     |
|-------|-------|---------------------|------------------|-----|-----------|-------|----------|
| 1     | = 455 | Helin, Sam          | Peninsula, OH    | 16  | 0:50:20.9 | 00:00 | 08:06/Mi |
| 2     | = 421 | Nelson, Aulis       | Grand Marais, MN | 15  | 0:51:24.3 | 01:03 | 08:16/Mi |
| 3     | = 423 | Taylor, Haddon      | Lutsen, MN       | 18  | 0:59:31.2 | 09:10 | 09:34/Mi |
| 4     | = 431 | Moody, Eero         | Grand Marais, MN | 13  | 1:00:27.8 | 10:06 | 09:43/Mi |
| 5     | = 414 | Driscoll, John Saul | Tacoma, WA       | 14  | 1:08:22.9 | 18:01 | 11:00/Mi |
| 6     | = 403 | Kirk, Gunnar        | Chicago, IL      | 18  | 1:11:57.1 | 21:36 | 11:34/Mi |

## Results for - MALE (AGES 19 TO 29) - 10 Kilometer Race

| Place | Bib#  | Name                  | City                | Age | Net Time  | Back  | Pace     |
|-------|-------|-----------------------|---------------------|-----|-----------|-------|----------|
| 1     | = 456 | Chmelik, Joey         | Grand Marais, MN    | 27  | 0:38:57.4 | 00:00 | 06:16/Mi |
| 2     | = 482 | ODonnell-Hoff, Sam    | Duluth, MN          | 25  | 0:41:37.9 | 02:40 | 06:41/Mi |
| 3     | = 508 | Josephson, Eric       | Eagan, MN           | 21  | 0:45:20.7 | 06:23 | 07:17/Mi |
| 4     | = 461 | Patterson, Eric       | Duluth, MN          | 25  | 0:45:30.8 | 06:33 | 07:19/Mi |
| 5     | = 413 | Keeley, Hunter        | Tacoma, WA          | 24  | 0:47:02.4 | 08:05 | 07:34/Mi |
| 6     | = 412 | Keeley, Liam          | Tacoma, WA          | 22  | 0:47:13.4 | 08:16 | 07:35/Mi |
| 7     | = 507 | Trumper, Matthew      | St. Paul, MN        | 26  | 0:51:34.5 | 12:37 | 08:17/Mi |
| 8     | = 460 | Lembke, Ryan          | Chaska, MN          | 26  | 0:56:55.2 | 17:57 | 09:09/Mi |
| 9     | = 462 | Lembke, Lucas         | Chaska, MN          | 21  | 0:57:08.6 | 18:11 | 09:11/Mi |
| 10    | = 428 | McGraw, Preston       | Sartell, MN         | 19  | 0:58:40.5 | 19:43 | 09:26/Mi |
| 11    | = 411 | Welly, Jasper         | Tacoma, WA          | 21  | 1:00:23.6 | 21:26 | 09:43/Mi |
| 12    | = 390 | Cook, Myles           | Grand Marais, MN    | 23  | 1:01:38.6 | 22:41 | 09:55/Mi |
| 13    | = 427 | Klinker, David        | Two Harbors, MN     | 28  | 1:05:20.4 | 26:23 | 10:30/Mi |
| 14    | = 494 | Baxter, Henry         | Isanti, MN          | 21  | 1:11:21.2 | 32:23 | 11:28/Mi |
| 15    | = 470 | Carlen, Peter         | Saint Paul, MN      | 23  | 1:12:59.2 | 34:01 | 11:44/Mi |
| 16    | = 495 | Baxter, Aden          | White Bear Lake, Mn | 28  | 1:13:14.9 | 34:17 | 11:47/Mi |
| 17    | = 453 | Haines, Ethan         | Willmar, Mn         | 23  | 1:22:52.3 | 43:54 | 13:20/Mi |
|       | 371   | Thompson, Christopher | Saint Paul, MN      | DNS |           |       |          |
|       | 391   | Kohut-Jackson, Noah   | Lutsen, MN          | DNS |           |       |          |

## Results for - MALE (AGES 30 TO 39) - 10 Kilometer Race

| Place | Bib#  | Name            | City               | Age | Net Time  | Back  | Pace     |
|-------|-------|-----------------|--------------------|-----|-----------|-------|----------|
| 1     | = 485 | Kjorstad, Tyler | Laramie, WY        | 37  | 0:39:37.7 | 00:00 | 06:22/Mi |
| 2     | = 477 | Wartman, Jacob  | Duluth, MN         | 36  | 0:39:54.3 | 00:16 | 06:25/Mi |
| 3     | = 398 | Stenoien, Carl  | Saint Paul, MN     | 34  | 0:43:34.7 | 03:57 | 07:00/Mi |
| 4     | = 382 | Brown, Jacob    | Duluth, MN         | 37  | 0:43:49.7 | 04:12 | 07:03/Mi |
| 5     | = 449 | Pearberg, Zach  | Minneapolis, MN    | 34  | 0:47:15.1 | 07:37 | 07:36/Mi |
| 6     | = 463 | Kerfeld, Doug   | Hermantown, MN     | 39  | 0:57:12.6 | 17:34 | 09:12/Mi |
| 7     | = 378 | Tushar, Tony    | St Anthony Vlg, MN | 38  | 0:57:25.9 | 17:48 | 09:14/Mi |
| 8     | = 435 | Joriman, Josh   | Buffalo, MN        | 33  | 1:01:54.2 | 22:16 | 09:57/Mi |
| 9     | = 475 | Ryan, Jonathan  | St. Paul, MN       | 37  | 1:08:05.1 | 28:27 | 10:57/Mi |
| 10    | = 490 | Porter, Scott   | Minneapolis, MN    | 34  | 1:09:08.9 | 29:31 | 11:07/Mi |
| 11    | = 444 | LeCocq, Jade    | Duluth, MN         | 30  | 1:20:45.9 | 41:08 | 12:59/Mi |
| 12    | = 459 | Dean, Andrew    | Rochester, Mn      | 39  | 1:35:57.3 | 56:19 | 15:26/Mi |

## Results for - MALE (AGES 40 TO 49) - 10 Kilometer Race

| Place | Bib#  | Name              | City              | Age | Net Time  | Back  | Pace     |
|-------|-------|-------------------|-------------------|-----|-----------|-------|----------|
| 1     | = 491 | Duede, Dave       | Eagan, MN         | 44  | 0:38:33.0 | 00:00 | 06:12/Mi |
| 2     | = 484 | Nutinbakk, Holden | Duluth, MN        | 47  | 0:41:52.6 | 03:19 | 06:44/Mi |
| 3     | = 487 | Wiitala, Erik     | St. Michael, MN   | 40  | 0:47:08.6 | 08:35 | 07:35/Mi |
| 4     | = 430 | Moody, Anton      | Grand Marais, MN  | 44  | 1:00:46.2 | 22:13 | 09:46/Mi |
| 5     | = 372 | Worby, Christian  | Andover, MN       | 43  | 1:00:55.6 | 22:22 | 09:48/Mi |
| 6     | = 464 | Benson, Dane      | Duluth, MN        | 42  | 1:03:20.9 | 24:47 | 10:11/Mi |
| 7     | = 500 | Stapleton, Chris  | Saint Paul, MN    | 42  | 1:11:57.8 | 33:24 | 11:34/Mi |
| 8     | = 497 | Schwab, Carl      | Wayzata, Mn       | 48  | 1:12:57.8 | 34:24 | 11:44/Mi |
| 9     | = 474 | Walters, Jesse    | Little Marais, MN | 42  | 1:16:00.9 | 37:27 | 12:13/Mi |
| 10    | = 499 | Holmes, Jeff      | Bloomington, MN   | 44  | 1:24:06.6 | 45:33 | 13:32/Mi |
| 11    | = 418 | Frost, Eric       | Tofte, MN         | 45  | 1:27:27.7 | 48:54 | 14:04/Mi |

### Results for - MALE (AGES 50 TO 59) - 10 Kilometer Race

| Place | Bib#  | Name             | City            | Age | Net Time  | Back  | Pace     |
|-------|-------|------------------|-----------------|-----|-----------|-------|----------|
| 1     | = 471 | Carlen, James    | Saint Paul, MN  | 55  | 0:53:19.6 | 00:00 | 08:34/Mi |
| 2     | = 493 | Chelledurai, Abe | St. Peter, MN   | 51  | 1:12:15.0 | 18:55 | 11:37/Mi |
| 3     | = 468 | Olson, Lars      | Minneapolis, MN | 53  | 1:12:28.4 | 19:08 | 11:39/Mi |
| 4     | = 513 | Perez, Rob       | Mound, MN       | 50  | 1:27:38.1 | 34:18 | 14:06/Mi |

### Results for - MALE (AGES 60 TO 69) - 10 Kilometer Race

| Place | Bib#  | Name               | City              | Age | Net Time  | Back  | Pace     |
|-------|-------|--------------------|-------------------|-----|-----------|-------|----------|
| 1     | = 424 | Patterson, Darrell | Duluth, MN        | 63  | 0:58:21.9 | 00:00 | 09:23/Mi |
| 2     | = 384 | OBrien, Chris      | Grand Marais, MN  | 66  | 1:03:35.0 | 05:13 | 10:13/Mi |
| 3     | = 498 | Hennessy, Mark     | Grand Marais, MN  | 64  | 1:04:57.1 | 06:35 | 10:27/Mi |
| 4     | = 415 | Driscoll, Bill     | Tacoma, WA        | 60  | 1:08:24.6 | 10:02 | 11:00/Mi |
| 5     | = 472 | Simonowicz, Bill   | Grand Marais, MN  | 64  | 1:12:07.6 | 13:45 | 11:36/Mi |
| 6     | = 379 | Wright, Gregory    | Grand Marais, MN  | 62  | 1:13:01.7 | 14:39 | 11:45/Mi |
| 7     | = 386 | Herman, Michael    | Tofte, MN         | 64  | 1:13:47.4 | 15:25 | 11:52/Mi |
| 8     | = 451 | Ruchie, Mark       | Edina, MN         | 60  | 1:22:53.9 | 24:31 | 13:20/Mi |
| 9     | = 376 | McGrath, Timothy   | Overland Park, KS | 60  | 1:30:57.4 | 32:35 | 14:38/Mi |
| 10    | = 445 | Granlund, Gregory  | Eau Claire, WI    | 66  | 1:38:49.0 | 40:27 | 15:54/Mi |

### Results for - MALE (AGES 70 & OVER) - 10 Kilometer Race

| Place | Bib#  | Name          | City           | Age | Net Time  | Back  | Pace     |
|-------|-------|---------------|----------------|-----|-----------|-------|----------|
| 1     | = 457 | Koch, Dennis  | Mentor, MN     | 73  | 1:11:25.8 | 00:00 | 11:29/Mi |
| 2     | = 502 | Holmes, Randy | Prior Lake, MN | 71  | 1:24:10.1 | 12:44 | 13:32/Mi |
| 3     | = 374 | Tofte, Jon    | Duluth, MN     | 74  | 1:51:56.3 | 40:30 | 18:00/Mi |

'DNS' = DID NOT START \*\*\* 'DNF' = DID NOT FINISH \*\*\* 'DISQ' = DISQUALIFIED



## Female Classes by Age Groups

## Results for - FEMALE (AGES 18 &amp; UNDER) - 10 Kilometer Race

| Place | Bib#  | Name              | City             | Age | Net Time  | Back  | Pace     |
|-------|-------|-------------------|------------------|-----|-----------|-------|----------|
| 1     | = 397 | Geatz , Sierra    | Silver Bay, MN   | 14  | 0:57:33.2 | 00:00 | 09:15/Mi |
| 2     | = 492 | Monson, Brianna   | Grand Marais, MN | 14  | 1:01:24.1 | 03:50 | 09:52/Mi |
| 3     | = 432 | Lindstrom, Sophia | Grand Marais, MN | 14  | 1:16:20.9 | 18:47 | 12:17/Mi |
| 4     | = 408 | Woerheide, Siena  | Lutsen, MN       | 17  | 1:16:22.2 | 18:49 | 12:17/Mi |
| 5     | = 406 | Dix, Anni         | Grand Marais, MN | 13  | 1:16:25.0 | 18:51 | 12:17/Mi |
| 6     | = 393 | Mundell, Ezme     | Lutsen, MN       | 11  | 1:17:53.9 | 20:20 | 12:32/Mi |
| 7     | = 458 | Dean, Amelia      | Rochester, Mn    | 12  | 1:35:58.7 | 38:25 | 15:26/Mi |
|       | 380   | Wright, Olya      | Grand Marais, MN | DNS |           |       |          |
|       | 396   | Hawsen, Ruby      | Grand Marais, MN | DNF |           |       |          |

## Results for - FEMALE (AGES 19 TO 29) - 10 Kilometer Race

| Place | Bib#  | Name             | City             | Age | Net Time  | Back  | Pace     |
|-------|-------|------------------|------------------|-----|-----------|-------|----------|
| 1     | = 481 | Helmer, Maj-Lis  | Duluth, MN       | 21  | 0:44:56.9 | 00:00 | 07:14/Mi |
| 2     | = 389 | Hay, Anna        | Grand Marais, MN | 19  | 0:57:32.2 | 12:35 | 09:15/Mi |
| 3     | = 446 | Bailey, Kaira    | Duluth, MN       | 27  | 1:01:21.5 | 16:24 | 09:52/Mi |
| 4     | = 426 | Klinker, Sara    | Two Harbors, MN  | 28  | 1:01:41.6 | 16:44 | 09:55/Mi |
| 5     | = 420 | Ramberg, Louise  | Grand Marais, MN | 20  | 1:13:20.1 | 28:23 | 11:48/Mi |
| 6     | = 400 | Callender, Ellen | Grand Marais, MN | 21  | 1:13:20.7 | 28:23 | 11:48/Mi |
| 7     | = 399 | Garry, Elsa      | Grand Marais, MN | 19  | 1:13:24.9 | 28:27 | 11:48/Mi |
| 8     | = 443 | LeCocq, Danielle | Duluth, MN       | 27  | 1:16:37.4 | 31:40 | 12:19/Mi |
| 9     | = 436 | Chmelik, Cecelia | Grand Marais, MN | 19  | 1:16:42.1 | 31:45 | 12:20/Mi |
| 10    | = 496 | Baxter, Sadie    | Isanti, MN       | 23  | 1:18:57.8 | 34:00 | 12:42/Mi |

## Results for - FEMALE (AGES 30 TO 39) - 10 Kilometer Race

| Place | Bib#  | Name                  | City             | Age | Net Time  | Back  | Pace     |
|-------|-------|-----------------------|------------------|-----|-----------|-------|----------|
| 1     | = 392 | Stenoien, Karen       | Saint Paul, MN   | 35  | 0:53:47.7 | 00:00 | 08:39/Mi |
| 2     | = 395 | Hawsen, Kelly         | Grand Marais, MN | 39  | 1:00:49.5 | 07:01 | 09:47/Mi |
| 3     | = 434 | Joriman, Rachelle     | Buffalo, MN      | 33  | 1:01:52.6 | 08:04 | 09:57/Mi |
| 4     | = 373 | Tofte, Alena          | Duluth, MN       | 31  | 1:02:54.5 | 09:06 | 10:07/Mi |
| 5     | = 387 | Vick, Solveig         | Tofte, MN        | 38  | 1:03:33.0 | 09:45 | 10:13/Mi |
| 6     | = 501 | Holder, Kelsey        | Chaska, MN       | 37  | 1:08:16.4 | 14:28 | 10:59/Mi |
| 7     | = 511 | Kratt-Haugen, Jillian | Lutsen, MN       | 33  | 1:11:40.1 | 17:52 | 11:32/Mi |
| 8     | = 478 | Porter, Rebecca       | Denver, CO       | 31  | 1:18:46.6 | 24:58 | 12:40/Mi |
| 9     | = 512 | ONeill, Molly         | Lutsen, MN       | 39  | 1:21:14.1 | 27:26 | 13:04/Mi |
| 10    | = 465 | Walters, Sara         | Rochester, MN    | 37  | 1:27:54.1 | 34:06 | 14:08/Mi |
|       | 422   | Leask, Ingrid         | Buffalo, MN      | DNS |           |       |          |

## Results for - FEMALE (AGES 40 TO 49) - 10 Kilometer Race

| Place | Bib#  | Name               | City             | Age | Net Time  | Back  | Pace     |
|-------|-------|--------------------|------------------|-----|-----------|-------|----------|
| 1     | = 509 | Gudeman, Keren     | Minneapolis, MN  | 47  | 0:52:26.6 | 00:00 | 08:26/Mi |
| 2     | = 433 | Andrus, Rachel     | Lutsen, MN       | 41  | 0:57:35.0 | 05:08 | 09:16/Mi |
| 3     | = 440 | Thompson, Michelle | Burnsville, MN   | 42  | 0:57:39.9 | 05:13 | 09:16/Mi |
| 4     | = 405 | Dix, Kaylan        | Grand Marais, MN | 42  | 1:03:45.2 | 11:18 | 10:15/Mi |

|    |   |     |                      |                 |    |           |       |          |
|----|---|-----|----------------------|-----------------|----|-----------|-------|----------|
| 5  | = | 510 | Zuearke, Ellie       | St. Paul, MN    | 49 | 1:05:37.9 | 13:11 | 10:33/Mi |
| 6  | = | 467 | Walters, Carrie      | Silver Bay, MN  | 42 | 1:09:23.1 | 16:56 | 11:09/Mi |
| 7  | = | 504 | Stapleton, Kristin   | Saint Paul, MN  | 41 | 1:19:02.0 | 26:35 | 12:43/Mi |
| 8  | = | 394 | Mundell, Anne        | Lutsen, MN      | 40 | 1:20:59.5 | 28:32 | 13:02/Mi |
| 9  | = | 503 | Holmes, Janelle      | Bloomington, MN | 44 | 1:24:08.4 | 31:41 | 13:32/Mi |
| 10 | = | 417 | Frost, Jessa         | Tofte, MN       | 42 | 1:27:29.5 | 35:02 | 14:04/Mi |
| 11 | = | 514 | Andersen, Ellette    | Mound, MN       | 46 | 1:27:36.5 | 35:09 | 14:05/Mi |
| 12 | = | 383 | Christenson, Crystal | Tofte, MN       | 44 | 1:38:19.7 | 45:53 | 15:49/Mi |

**Results for - FEMALE (AGES 50 TO 59) - 10 Kilometer Race**

| Place | Bib# | Name | City               | Age               | Net Time | Back      | Pace  |          |
|-------|------|------|--------------------|-------------------|----------|-----------|-------|----------|
| 1     | =    | 381  | Wright, Jeanne     | Grand Marais, MN  | 57       | 1:03:30.0 | 00:00 | 10:13/Mi |
| 2     | =    | 469  | Carlen, Patty      | Saint Paul, MN    | 55       | 1:04:14.4 | 00:44 | 10:20/Mi |
| 3     | =    | 476  | Taylor, Sara       | Lutsen, MN        | 50       | 1:05:42.9 | 02:12 | 10:34/Mi |
| 4     | =    | 377  | McGrath, Megan     | Overland Park, KS | 55       | 1:34:50.7 | 31:20 | 15:15/Mi |
| 5     | =    | 407  | Woerheide, Krishna | Lutsen, MN        | 52       | 1:37:13.6 | 33:43 | 15:38/Mi |

**Results for - FEMALE (AGES 60 TO 69) - 10 Kilometer Race**

| Place | Bib# | Name | City           | Age            | Net Time | Back      | Pace  |          |
|-------|------|------|----------------|----------------|----------|-----------|-------|----------|
| 1     | =    | 488  | Wiitala, Lynn  | Tofte, MN      | 62       | 1:01:45.3 | 00:00 | 09:56/Mi |
| 2     | =    | 385  | Herman, Maggie | Tofte, MN      | 63       | 1:13:45.6 | 12:00 | 11:52/Mi |
| 3     | =    | 486  | Sims, Karen    | Lauderdale, MN | 64       | 1:37:40.5 | 35:55 | 15:43/Mi |

**Results for - FEMALE (AGES 70 & OVER) - 10 Kilometer Race**

| Place | Bib# | Name | City             | Age        | Net Time | Back      | Pace  |          |
|-------|------|------|------------------|------------|----------|-----------|-------|----------|
| 1     | =    | 375  | Nevers, MaryBeth | Duluth, MN | 70       | 1:51:56.3 | 00:00 | 18:00/Mi |

'DNS' = DID NOT START \*\*\* 'DNF' = DID NOT FINISH \*\*\* 'DISQ' = DISQUALIFIED